#### THE 19<sup>th</sup> DAY OF THE MONTH OF JULY COMMEMORATION OF OUR VENERABLE AND GOD-BEARING FATHER, SERAPHIM, WONDERWORKER OF SAROV AT LITTLE VESPERS

#### On "Lord, I have cried ...," 4 Stichera of the venerable one, in Tone IV:

Assembling today, O ye Christian people, let us crown with hymns of praise the earthly angel and heavenly man, and let us cry out to him with fervor: O blessed father Seraphim, most glorious boast of fasters, pray thou to the Lord on our behalf, that He have mercy upon our souls. (Twice)

Loving chastity and meekness from thy youth, O father Seraphim, with purity of mind and heart thou didst acquire the love of Christ, whereby thou didst draw nigh unto God. Do thou therefore now entreat Him to deliver from misfortune those who keep thine honored memory with faith.

**O** venerable father Seraphim, the multitudes of Christian peoples assembling today for the glorification of thy precious relics are filled with joy and gladness. For thou hast been revealed to be the healing of the afflicted, and the feet for the lame, who approach the shrine of thy relics with faith.

#### Glory ..., in Tone VI:

**R**ejoice, and be glad in the Lord, O Monastery of Sarov, for in thee hath shone forth a new light of the land of Russia. Adorn thyself and dance, O Church of God, and rejoice with her, O ye multitudes of monks. Leap for joy, O assemblies of those who love the feasts of the Church; and having woven a wreath of spiritual flowers, cry out with David: 'Precious in the sight of the Lord is the death of His saints'. For this is the beginning of the glory of the venerable Seraphim, whereof do thou make us partakers through thy supplications, O blessed one.

#### Both now ..., Theotokion, in Tone IV:

No one that fleeth unto thee, O most pure Virgin Theotokos, \* departeth from thee ashamed; \* for those that asketh grace of thee, \*\* ever receiveth a gift for their profitable petition.

#### On the Aposticha, these Stichera, in Tone II:

Departing thy native region and traveling to the city of Kiev, where, at the relics of the wonderworkers of the Caves, thou didst receive a blessing for the path of salvific struggle. Send down also upon us who keep thy most holy and most honored memory, thy blessings.

#### Verse: Precious in the sight of the Lord \* is the death of His saints.

Through love thou didst acquire great skill in the obedience of monastic struggles, O venerable father Seraphim, astonishing the brethren by thy patience and love. Pray thou, that our souls be saved. Verse: Blessed is the man that feareth the Lord; \* in His commandments shall he greatly delight.

Strengthened by the counsels of the abbot, thou didst withdraw to dwell in the wilderness of Sarov, O father, making haste to abide there in prayerful struggles, showing thyself to be a habitation of the Holy Spirit.

#### Glory ..., in Tone II:

Strengthened by the counsels of the abbot, thou didst withdraw to dwell in the wilderness of Sarov, O father, making haste to abide there in prayerful struggles, showing thyself to be a habitation of the Holy Spirit.

#### Both now ..., Theotokion, in Tone II:

Thou art our intercessor and protection, \* O most pure one. \* Deliver us from grievous misfortunes and circumstances, \*\* and save our souls by thy divine prayers.

#### Troparion of the venerable one, in Tone IV:

From thy youth didst thou love Christ, O blessed one; \* and, aflame with the desire to serve Him alone, \* thou didst struggle in the wilderness in unceasing prayer and labor; \* and with computcion of heart having acquired the love of Christ, \* thou wast shown to be the beloved favorite of the Mother of God. \* Wherefore, we cry unto thee: \*\* Save us by thy prayers, O our venerable father Seraphim.

#### Glory ..., Both now ..., Theotokion, in Tone IV:

The mystery hidden from all ages \* and unknown to the ranks of Angels, \* hath been revealed to those on earth through thee, O Theotokos: \* God incarnate in an uncommingled union, \* Who willingly accepted the Cross for our sake, \* and through it hath raised up the first-formed man, \*\* and saved our souls from death.

#### AT GREAT VESPERS

#### We chant "Blessed is the man ...," the first antiphon. On "Lord, I have cried ...," 8 Stichera of the venerable one, in Tone I, Spec. Mel.: "O marvelous wonder ...":

**O** most glorious wonder! \* A struggler for piety is revealed at Sarov, \* and the most wondrous Seraphim doth become a fervent intercessor for us before God. \* Rejoice, O Monastery of Sarov, that dost hold within thyself the relics of the venerable one! \* Leap for joy, O ye multitudes of the Orthodox, \* who have the most wondrous Seraphim as a defender amid misfortune and who cry unto him: \* Rejoice, thou light of the Russian land! \* Utterly disperse the legions of our adversaries, \*\* and beseech the Lord to grant peace and great mercy to our souls. (Twice)

**O** marvelous wonder! \* In the Monastery of Sarov, \* behold, the blessed Seraphim revealeth himself to us \* as an unshakeable pillar of piety. \* Wherefore, O ye assemblies of the divinely wise, \* be ye exalted in the spirit to the heights, \* crying to the venerable one: \* O venerable father Seraphim, \*\* beseech the Lord to grant peace and great mercy to our souls! (Twice)

Wondrous are Thy mysteries, \* O Christ our God, \* for Thou hast given us a beacon in the venerable Seraphim, \* a mighty champion for our right-believing hierarchs \* against the adversary, \* and intercessor for monks and all Orthodox Christians, \* and the boast and foundation of his holy monastery, \* who now doth entreat Thee, O Lord, \*\* to grant peace and great mercy unto our souls. (Twice)

When thou didst enter the wilderness of Sarov, O venerable one, \* having utterly cast off thine own will, \* thou didst show steadfast obedience to all, \* for thou didst joyously endure vexation and dishonor. \* Thou didst receive blows and stripes from evil men, \* for whom thou didst yet pray, O venerable one. \* And glorifying thy most honored memory, \* we beseech thee, O venerable one: \*\* Beg the Lord to grant peace to the world and great mercy to our souls.

**B**lessed is the Monastery of Sarov, \* which hath thee, O venerable father Seraphim, as a treasury of virtues, \* a vessel of purity and chastity, \* a receptacle of grace, a fount of healings, \* a physician who cureth the infirm without fee, \* a true faster, a comforter of the afflicted, \* and a calm haven for those who are tempesttossed by the passions of life. \* O venerable father Seraphim, pray that peace and great mercy be granted unto us \*\* that keep thine honored memory.

#### Glory ..., in Tone VIII:

Come, ye assemblies of the faithful, let us glorify our most wondrous father with songs of praise today, and let us cry thus unto him: O venerable father Seraphim, thou wast truly vouchsafed a godly life, receiving a crown of unfading glory from

God. Wherefore, the Monastery of Sarov doth boast of thee, and the people, beholding the precious shrine of thy relics and the miracles that take place through thine intercession, glorify the Lord Who doth glorify thee. Beseech Him, O venerable father, that He grant peace and great mercy to our souls!

#### Both now ..., Dogmaticon, in Tone VIII:

In His love for mankind, the King of heaven appeared on earth \* and dwelt among men; \* for He Who received flesh from the pure Virgin \* and cameth forth from her having received human nature, \* is the only Son of God, \* twofold in nature but not Hypostasis. \* Therefore, proclaiming Him to be truly perfect God and perfect man, \* we confess Christ our God. \* Him do thou beseech, O unwedded Mother, \*\* that our souls find mercy!

#### Entrance. Prokeimenon of the Day. Three Lessons: READING FROM THE WISDOM OF SOLOMON (3:1-9).

But the souls of the righteous are in the hand of God, and there shall no torment touch them. In the sight of the unwise they seemed to die: and their departure is taken for misery, and their going from us to be utter destruction: but they are in peace. For though they be punished in the sight of men, yet is their hope full of immortality. And having been a little chastised, they shall be greatly rewarded; for God proved them, and found them worthy for himself. As gold in the furnace hath he tried them, and received them as a burnt offering. And in the time of their visitation they shall shine, and run to and fro like sparks among the stubble. They shall judge the nations, and have dominion over the people, and their Lord shall reign for ever. They that put their trust in him shall understand the truth: and such as be faithful in love shall abide with him: for grace and mercy is to his saints, and he hath care for his elect.

#### READING FROM THE WISDOM OF SOLOMON (5:15-6:3)

But the righteous live for evermore; their reward also is with the Lord, and the care of them is with the most High. Therefore shall they receive a glorious kingdom, and a beautiful crown from the Lord's hand: for with his right hand shall he cover them, and with his arm shall he protect them. He shall take to him his jealousy for complete armor, and make the creature his weapon for the revenge of his enemies. He shall put on righteousness as a breastplate, and true judgment instead of an helmet. He shall take holiness for an invincible shield. His severe wrath shall he sharpen for a sword, and the world shall fight with him against the unwise. Then shall the right aiming thunderbolts go abroad; and from the clouds, as from a well-drawn bow, shall they fly to the mark. And hailstones full of wrath shall be cast as out of a stone bow, and the water of the sea shall rage against them, and like a storm shall blow them away: thus iniquity shall lay waste the whole earth, and ill-dealing shall overthrow the thrones of the mighty. Hear therefore, O ye kings, and

understand; learn, ye that be judges of the ends of the earth. Give ear, ye that rule the people, and glory in the multitude of nations, for power is given you of the Lord, and sovereignty from the Highest.

#### READING FROM THE WISDOM OF SOLOMON (4:7-15)

But though the righteous be prevented with death, yet shall he be in rest. For honorable age is not that which standeth in length of time, nor that is measured by number of years. But wisdom is the gray hair unto men, and an unspotted life is old age. He pleased God, and was loved of him: so that living among sinners he was translated. Yea, speedily was he taken away, lest that wickedness should alter his understanding, or deceit beguile his soul. For the bewitching of naughtiness doth obscure things that are honest; and the wandering of concupiscence doth undermine the simple mind. He, being made perfect in a short time, fulfilled a long time: for his soul pleased the Lord: therefore hasted he to take him away from among the wicked. This the people saw, and understood it not, neither laid they up this in their minds, That his grace and mercy is with his saints, and that he hath respect unto his chosen.

#### At the Litiya, the Sticheron of the temple, And these Stichera of the venerable one, in Tone I:

With what crowns of praise shall we crown the great ascetic, the venerable Seraphim? For he was shown to be a good guide in steadfast faith and virtue, instructing those who came unto him with divinely inspired teachings and by his angelic life. Wherefore, we cry unto him: O venerable one, beseech Christ to establish the Orthodox faith and to save our souls!

Come, O ye multitudes of monks, let us piously praise the venerable one today, the true disciple of the Savior, who hath trampled down the deception of the world, hath taken the yoke of Christ upon his shoulders, and put to shame the hosts of the demons. Let us cry thus unto him: O father Seraphim, forget not us who praise and honor thy holy memory!

**O** venerable Seraphim, thy radiant and godly memory hath struck kings, princes and hierarchs with wonder, for while yet in the flesh thou, like one of the bodiless hosts, didst put to shame the invisible enemies. The whole province of Tambov and the holy Monastery of Sarov rejoice, possessed of thy holy relics, through which health is granted unto all that draw nigh to thy precious reliquary in faith. Wherefore, enlightened by thee we cry unto thee, O venerable one: Pray thou that our souls be saved!

#### Glory ..., in Tone V:

**O** land of Russia, rejoice this day; and be thou glad, O holy Monastery of Sarov! Ye multitudes of the faithful who have hastened hither today, let us glorify our venerable father, pastor and teacher, the divinely wise guide of those astray, the ready healer of all the afflicted, the great adornment of the Russian land, whom praising thus we say: O venerable Seraphim, save us by thy prayers!

#### Both now ..., Theotokion, in Tone V:

Thou art the temple and portal, \* the palace and throne of the King, \* O most honored Virgin, \* through whom Christ the Lord, my Redeemer, \* Who is the Sun of righteousness, \* hath revealed Himself unto those who sleep in darkness, \* deigning to enlighten those \* whom He hath fashioned in His image by His own hand. \* Wherefore, O all-hymned one, \* as thou hast acquired a mother's boldness before Him, \*\* entreat Him without ceasing, that our souls be saved.

#### On the Aposticha, these Stichera, in Tone V:

#### Spec. Mel.: "Rejoice ...":

**R**ejoice, converser with angels, O venerable Seraphim! Having lived piously on earth, thou didst teach the fear of the Lord unto the many who came to thee. Illumined by the grace of the most holy Spirit, thou didst behold as present things which were to come, and hast filled many that were suffering in spirit with compunction and joy. Wherefore, we beseech thee: Pray to the Lord on behalf of those who honor thee!

Verse: Precious in the sight of the Lord \* is the death of His saints.

**R**ejoice, most wondrous instructor of the erring, who wast vouchsafed to behold in the temple Christ the Lord with angels and archangels. And now, O venerable one, who in the heavens dost take unceasing delight in the vision of Him, do thou pray for us who keep thy memory in faith.

Verse: Blessed is the man that feareth the Lord; \* in His commandments shall he greatly delight.

Rejoice, O venerable Seraphim, for thou hast commanded all to keep Christ's true faith; and, yearning for the life on high, thou didst disdain wealth, wherefore thou dost now behold the ineffable beauty of heaven and takest delight in the sweet hymnody of the angels. Entreat thou the Lord, that He grant us peace and great mercy.

#### Glory ..., in Tone VI:

**O** venerable father Seraphim, who can recount thy labors and sufferings? And what tongue can describe thy harsh life in the wilderness, thy vigils and fasting, yea, and thy life in seclusion, thy silence and unceasing prayer? Thou hast truly been shown to be the adornment of those who fast and a steadfast intercessor before God. Wherefore, we cry unto thee: Rejoice, O model of monastic life! Rejoice, great consolation amid misfortunes and sorrows, and fervent advocate for all! O venerable one, pray thou that our souls be saved!

#### Both now ..., Theotokion, in Tone VI:

Christ the Lord, my Creator and Redeemer, \* Who came forth from thy womb, O most pure one, \* and clothed Himself in my nature, \* hath freed Adam from the

primal curse. \* Wherefore, like the angel \* we unceasingly cry out to thee, \* O most pure one, \* who art truly the Mother of God and Virgin: \* Rejoice!, O Sovereign Lady, \*\* the intercession, protection and salvation of our souls!

At the blessing of the Loaves, the Troparion of the venerable one, in Tone IV:

From thy youth didst thou love Christ, O blessed one; \* and, aflame with the desire to serve Him alone, \* thou didst struggle in the wilderness in unceasing prayer and labor; \* and with computcion of heart having acquired the love of Christ, \* thou wast shown to be the beloved favorite of the Mother of God. \* Wherefore, we cry unto thee: \*\* Save us by thy prayers, O our venerable father Seraphim. (Twice)

And "Virgin Theotokos, rejoice ...," (Once). But if a vigil is not served, then after the Troparion: Glory ..., Both now ..., Theotokion, in Tone IV:

The mystery hidden from all ages \* and unknown to the ranks of Angels, \* hath been revealed to those on earth through thee, O Theotokos: \* God incarnate in an uncommingled union, \* Who willingly accepted the Cross for our sake, \* and through it hath raised up the first-formed man, \*\* and saved our souls from death.

#### AT MATINS

At "God is the Lord ...," the Troparion of the venerable one, in Tone IV:

From thy youth didst thou love Christ, O blessed one; \* and, aflame with the desire to serve Him alone, \* thou didst struggle in the wilderness in unceasing prayer and labor; \* and with computcion of heart having acquired the love of Christ, \* thou wast shown to be the beloved favorite of the Mother of God. \* Wherefore, we cry unto thee: \*\* Save us by thy prayers, O our venerable father Seraphim. (Twice)

#### Glory ..., Both now ..., Theotokion, in Tone IV:

The mystery hidden from all ages \* and unknown to the ranks of Angels, \* hath been revealed to those on earth through thee, O Theotokos: \* God incarnate in an uncommingled union, \* Who willingly accepted the Cross for our sake, \* and through it hath raised up the first-formed man, \*\* and saved our souls from death.

#### After the 1<sup>st</sup> chanting of the Psalter, the Sessional Hymn, in Tone IV:

Having overcome the temptations of the enemy by the sign of the Cross and by prayer, thou didst please the Lord right well with fasting and abstinence. Wherefore, thou didst receive the gift of miracles, bestowing healing upon all that approach the shrine of thy relics with faith, O venerable Seraphim. Beseech Christ God, that He grant forgiveness of sins unto those who honor thy holy memory with love. (Twice)

Glory ..., Both now ..., and this Theotokion, in Tone IV:

Deliver us from our needs, \* O Mother of Christ God, \* thou who hast given birth to the Creator of all, \* that we all may cry out to thee: \*\* Rejoice, O thou who alone art the intercessor for our souls!

After the 2<sup>nd</sup> chanting of the Psalter, the Sessional Hymn, in Tone I:

In the depths of the wilderness of Sarov thou didst kneel upon a rock, stretching forth thy venerable hands unto the Lord. Wherefore, thou didst receive from the Savior the grace of the Holy Spirit, to heal suffering bodies and to enlighten the souls of the faithful. Therefore, we cry unto thee: Entreat Christ God, O venerable one, that He save us who celebrate thy holy memory! (Twice)

#### Glory ..., Both now ..., and this Theotokion, in Tone I:

Thou hast conceived the divine Fire without being consumed, \* and dist give birth without seed to the Lord the Source of life: \* O Theotokos full of grace \*\* save thou those who magnify thee!

Polyeleos, and this Magnification: We bless thee, O venerable father Seraphim, and we honor thy holy memory, thou instructor of monks and converser with angels.

#### Selected Psalm verse:

A: With patience I waited patiently for the Lord, and He was attentive unto me, and He hearkened unto my supplication.

#### Glory ..., Now and ever..., Alleluia..., glory to Thee, O God! (Thrice) After the Polyeleos, the Sessional Hymn, in Tone VII:

Thy virtuous life hath now shone forth in the land of Russia, O venerable one, and thou art glorified with hymns of praise by all; for, like Elijah ascending on the chariot of the virtues, in thy soul thou hast soared aloft to heaven, and there hast been justly crowned with a most splendid crown. Wherefore, we cry unto thee in thanksgiving: O blessed Seraphim, beseech Christ God, that He grant forgiveness of sins unto us that honor thy holy memory with love. (Twice)

Glory ..., Both now ..., and this Theotokion, in Tone VII:

O Lady, to the right tranquil haven of salvation guide me who am tempest-tossed amid the tumult of slothfulness.

Song of Ascents, the first antiphon of Tone IV:

Prokeimenon, in Tone IV: Precious in the sight of the Lord \* is the death of his saints.

Verse: What shall I render unto the Lord for all that he hath rendered unto me? Let every breath ...,

#### THE GOSPEL ACCORDING TO ST. MATTHEW (11:27-30).

All things are delivered unto me of my Father: and no man knoweth the Son, but the Father; neither knoweth any man the Father, save the Son, and he to whomsoever the Son will reveal him. Come unto me, all ye that labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light.

#### After Psalm 50, this Sticheron, in Tone VI:

Celebrating in spirit on the appointed festival of the venerable father and piously rejoicing, let us fervently cry aloud today, O ye faithful: Rejoice, O blessed Seraphim! Rejoice, heavenly man and earthly angel! Rejoice, O thou who hast guided many to the path of salvation! Rejoice, boast of pious Orthodox Christians and confirmation of the Russian land! Pray thou on behalf of our souls!

The canon of supplication to the Theotokos (the Paraklisis), with six Troparia, including its Irmos, followed by both canons of the venerable one.

ODE I

#### Canon I of the venerable Seraphim, in Tone VI:

Irmos: When Israel walked on foot in the sea as on dry land, \* on seeing their pursuer Pharaoh drowned, \* they cried: \* Let us sing to God \* a song of victory.

**O** Lord, open mine unworthy lips and grant me a word of understanding, that I may worthily hymn the memory of the blessed Seraphim, who with the angels doth now beseech Thee to deliver us from every grievous circumstance.

Thou wast a great intercessor before the Theotokos, O venerable one, and wast deemed worthy to behold her with the apostles. And now, cease not to visit thy children by thine intercessions.

**F**rom thy youth, O venerable one, thou didst surrender thyself in mind unto the Lord, and having subdued the passions of thy body through rigorous abstinence, thou wast adorned with every virtue, O most wise one.

Theotokion: **O** most blessed Sovereign Lady, who hast given birth unto the supremely good God in the flesh, cleanse thou my heart which is tormented by passions, that I may magnify thee with faith and love.

#### Canon II of the venerable Seraphim, in Tone VIII:

## Irmos: Having passed through the water as upon dry land, \* and having escaped the malice of the Egyptians, \* the Israelites cried aloud: \* Unto our God and Redeemer let us now sing.

Thou didst tread the straight and narrow path to the heavenly kingdom in accordance with the commandment of Christ the Master, disdaining the broad and spacious path. And now do thou pray for us that keep thy most radiant memory.

Having ascended the mount of dispassion and taken up thy cross from thy youth, thou didst unfalteringly follow after Christ. And having acquired spiritual wisdom, thou didst attain the heavenly Jerusalem, O venerable one. Pray thou to the Lover of mankind on our behalf.

Standing now before the throne of God, O venerable one, intercede thou for the suffering Russian land; and by thy prayers, O venerable one, entreat salvation for the Christ-loving people of Russia.

Theotokion: Hearken, O Lady, unto those who flee to thee with faith and love, and who hymn thee with fear.

#### Katavasia: I shall open my mouth ...,

#### ODE III

#### Canon I

#### Irmos: There is none as holy as Thou, \* O Lord my God, \* who hast exalted the horn of Thy faithful O good One, \* and strengthened us upon the rock \* of Thy confession.

Standing before God with the angels in thy prayer, O venerable one, pray thou for the whole world, that the assaults of the enemy be overcome and that Orthodox Christians be granted victory over their adversaries.

From thy youth thou didst cleave with faith and love unto the Master of the hosts on high, O venerable Seraphim; and, shining forth like the sun in the wilderness of Sarov, thou wast a comfort to those who approached thee in sorrow. Pray thou that we be saved!

To those who pray unto thee, thou hast been revealed to be an unshakeable pillar and a refuge for those who have recourse unto the Monastery of Sarov, and abundant grace for those who receive healings.

Theotokion: Our first mother Eve heard: In sorrow thou shalt bring forth children. And thou, O pure Virgin, hearing: The Lord is with thee! Rejoice! didst put to flight the grief of our first mother with this cry of joy!

#### Canon II

### Irmos: O Lord, Creator of the vault of Heaven \* and Builder of the Church, \* do Thou strengthen me in Thy love, O Summit of desire, \* O Support of the faithful, \* O only Lover of mankind.

**B**eseech Christ God, O blessed one, to deliver us from famine and plagues, from sudden death, from secret transgressions and wicked thoughts, that with a pure heart we may cry out to Christ: O Lord, save us by the supplications of the venerable one!

Following after Christ the Master in meekness and humility, thou wast all things to all mankind; tirelessly instructing both rich and poor in piety, thou didst foresee the future as though it were the present. Beseech Christ God, O venerable one, to grant us forgiveness of our sins!

Deliver thy monastery from every assault of the enemy, O venerable one, and fill it with love and grace, that it heed not the cares of this life, but attain unto the goodness and beauty which save the soul.

Theotokion: Our trust and hope art thou, O most holy Sovereign Lady. Save the suffering Russian land and thy people that pray and call upon thy holy name!

#### Sessional Hymn of the venerable one, in Tone IV:

Having utterly overcome the passions of the sea of life by abstinence, and attained unto the haven of dispassion, thou wast revealed as a vessel of abstinence, O venerable Seraphim. Beseech Christ God to grant us great mercy!

#### Glory ..., Both now ..., Theotokion, in Tone IV:

When thou dost stand before the face of my Creator on the day of His righteous Judgment, O Lady, intercede for me, and deliver me from eternal torment, that I go not down into Hades, but that I be saved by thy defense, O most holy Theotokos.

#### ODE IV

#### Canon I

Irmos: Christ is my power, \* my God and my Lord, \* the holy Church divinely singeth, \* crying with a pure mind, \* keeping festival in the Lord.

Today the Monastery of Sarov doth radiantly celebrate thy memory, O venerable one, beseeching thee: Ask of the Lord peace for the whole world and great mercy for our souls!

In thy great struggles didst thou flourish like a palm tree, O venerable one, sweetening the hearts of those who have recourse unto thee with fruitful words and a blameless life: Wherefore, do thou now pray that we obtain mercy from Christ our Savior!

By thy prayers entreat God for us, O venerable Seraphim, and drive away the sinful darkness of our grief. Adorn with dispassion, faith and love all who honor thy most glorious memory!

Theotokion: Rejoice, O Virgin Sovereign Lady, thou beauty of the Churches, might and boast of the suffering Russian land! Pray to Christ God without ceasing, that He preserve us from misfortunes by thy prayers.

#### Canon II

### Irmos: I have heard report of Thy dispensation, O Lord, \* and have glorified Thee \* Who alone lovest mankind.

It is not the Monastery of Sarov alone, but the whole land of Russia which hath thee, O blessed one, as a fervent intercessor and speedy helper, almighty and invincible defender and mediator for our souls.

**B**e thou an intercessor and mediator for us before the most holy Trinity, and move thou to pray with thee the choirs of the saints whose life thou didst emulate, O venerable one. With them pray for peace and the good estate of the whole world, that in this age we may live a peaceful and quiet life, and in the future inherit eternal life.

Being great among fasters, O venerable one, thou didst lead an arduous monastic life in the wilderness, and didst end it in compunctionate prayer. Pray that we be saved!

Theotokion: Thou art our refuge and confirmation, O most pure Theotokos. Beseech thy Son and our God, that He grant us salvation and forgiveness of sins.

#### ODE V

#### Canon I

## Irmos: Illumine with Thy divine light, I pray, O Good One, \* the souls of those who with love rise early to pray to Thee, \* that they may know Thee, O Word of God, \* as the true God, \* Who recalleth us from the darkness of sin.

Unto all who come to thee thou hast been a true teacher and a great intercessor before the Theotokos. And now, O venerable one, cease not to pray for thy children, for thou hast great boldness.

Let the Christian people now enter into the temple of the Monastery of Sarov, bowing down before thy precious relics, O venerable Seraphim, and, glorifying Christ, let them ask of thee healing and salvation.

The invisible enemy desired to affright thee when thou wast praying to God at night, O venerable one. But, put to shame by thy prayer, the most wicked one vanished.

Theotokion: **O** most pure Mary, beseech God Who was born of thee, that He grant forgiveness of transgressions unto thy servants.

#### Canon II

### Irmos: Illumine us O Lord with Thy commandments, \* and with Thine arm raised on high \* grant us Thy peace, \* O Lover of mankind!

Thou didst glorify the Monastery of Sarov with fasting and unceasing prayer, O venerable one, anointing the infirm with oil from the icon of the Theotokos and granting them healing in abundance. Pray thou now that our souls be saved!

**O** ye hierarchs and priests, rejoice with the monks of Sarov, and ye people, hymn together the blessed father, the calm haven of those who are tempest-tossed by sorrows, the ready healer of infirmities of body and soul.

Offer up thy prayers, O venerable one, as an acceptable and unblemished sacrifice unto the most holy Trinity, and forget not us who now keep thy memory. Beg mercy for those who hate, wrong and are angered against us, and deliver all from every sorrow.

Theotokion: Guide my mind which is tempest-tossed by many passions, O Sovereign Lady. Save us who have recourse unto thee, O Theotokos, for apart from thee we know none other help, O pure one.

#### ODE VI

#### Canon I

## **Irmos:** Beholding the sea of life surging with the tempest of temptations, \* I run to Thy calm haven, and cry to Thee: \* Raise up my life from corruption, \* O greatly Merciful One.

Thy holy soul was an abode of God, wherein the Father, the Son and the Holy Spirit dwelt. Wherefore, we pray thee, O venerable one, dispel the slanders of the enemy from those who honor thee, and grant peace to the suffering land of Russia.

**O** venerable Seraphim, we honor thy great struggles and labors in the wilderness and the sweetness of thy teaching, whereby thou hast enlightened many who came to thee, teaching them to hymn the consubstantial Trinity.

Following after Christ the Master in purity of life, thou didst complete the good race, O venerable one. Having ascended to the eternal mansions, thou dost behold there what the angels see. Wherefore, honoring thy memory, we glorify Christ.

Theotokion: I now flee unto thee, O most pure one. Save and preserve me by thy supplications. For whatsoever thou desirest, that thou canst do, in that thou art the Mother of the Almighty.

#### Canon II

# Irmos: I will pour out my prayer unto the Lord, \* and to Him will I proclaim my grief; \* for my soul is filled with evils, \* and my life unto Hades hath drawn nigh, \* and like Jonah I pray unto Thee: \* Raise me up from corruption, O my God.

We are all full of sin, but thy prayers, O venerable Seraphim, ascend unto the Lord like fragrant incense. We now pray thee: Calm thou the raging storm of evil impiety in the land of Russia, and entreat the Lord for the salvation of our souls.

Truly blessed wast thou, O venerable Seraphim, having acquired riches through poverty, and through tears, joy, which thou didst abundantly bestow upon those who came to thee. And now emitting rays of miracles, thou dost heal all who have recourse unto thee in faith.

Having dug with thine own hands a well in the wilderness, O venerable one, thou didst give drink unto the thirsty that came unto thee. And now thou healest the diseases of the sick with the water of this well. Truly, the Master hath shown thee forth unto all as a miraculous intercessor and wonderworker, O venerable one.

Theotokion: We confess thee to be indeed the Mother of God, the true Theotokos, for by thy birthgiving we have been delivered from the curse of corruption, by the tender compassion of God, the Lover of mankind, and have been called to life incorruptible.

#### Kontakion of the venerable one, In Tone II:

Having forsaken the beauty of the world and the corruption therein, \* thou didst take up thine abode in the Monastery of Sarov. \* And having lived there as an angel, thou didst become a path for many to salvation. \* Wherefore, Christ hath glorified thee, O father Seraphim, \* enriching thee with the gift of healings and miracles. \*\* Therefore, we cry out to thee: Rejoice, O our venerable father Seraphim!

Ikos: Having forsaken family and friends, and regarding riches as but dust, thou didst take up thine abode in the wilderness of Sarov; and having struggled against the passions like one of the bodiless hosts, thou wast deemed worthy to stand in the angelic choir. Wherefore, having received spiritual knowledge, grant even us, O venerable one, to chant this unto thee with understanding, saying: Rejoice, O blessed Seraphim, heavenly man and earthly angel! Rejoice, emulator of Christ in thy love! Rejoice, abode of the Holy Spirit! Rejoice, great joy of the despondent! Rejoice, source of healing! Rejoice, sweet consolation for sorrowful souls! Rejoice, calm haven for monks and most wise instructor! Rejoice, boast of the land of Russia! Rejoice, O our venerable father Seraphim!

#### ODE VII

#### Canon I

## **Irmos:** An Angel made the furnace bedew the holy Children. \* But the command of God consumed the Chaldeans \* and prevailed upon the tyrant to cry: \* O God of our fathers, blessed art Thou

Wondrously was thy life shown to be full of the grace of the divine Spirit, O venerable one. Truly thou didst receive the blessed end of the righteous, rejoicing in Christ. And we cry out to Him who hath glorified thee: O God of our fathers, blessed art Thou!

Gathering together at thy holy monastery today, a multitude of people doth bow down before thy precious relics, O venerable Seraphim, and we all draw forth healings therefrom, crying out unceasingly: O God of our fathers, blessed art Thou!

This report hath gone out into all the world, that a most glorious wonderworker hath appeared in Sarov, pouring forth a multitude of healings upon all who with faith approach and cry out: O God of our fathers, blessed art Thou!

Theotokion: **O** Virgin Theotokos, who ineffably didst give birth unto the Word, thy Creator: With the venerable Seraphim beseech Him to have mercy upon our souls!

#### Canon II

### Irmos: The Children of Judaea, \* who of old came to dwell in Babylon, \* trampled underfoot the flame of the furnace \* through their faith in the Trinity, \* as they sang: 'O God of our fathers, blessed art Thou.'

Have mercy on us, O Lord, and through the prayers of him who pleased Thee, the venerable Seraphim, preserve us from every soul-corrupting evil, that we may all cry out with computcion: O God of our fathers, blessed art Thou!

Who is not astounded, who doth not glorify the unfathomable abyss of Thy tender compassion, O Lord? For Thou hast revealed to the whole world him that pleased Thee, the venerable Seraphim, the fervent intercessor before Thee for us who cry aloud: O God of our fathers, blessed art Thou!

Accept this hymn of thanksgiving which we offer unto thee, O venerable Seraphim, and grant healing unto all of us who keep thy holy memory, and who bow down before the shrine of thy relics and cry aloud: O God of our fathers, blessed art Thou!

Theotokion: Thou art our refuge and confirmation, O most holy Theotokos. Entreat thy Son and our God to grant us salvation and forgiveness of sins.

#### **ODE VIII**

#### Canon I

## Irmos: Thou didst make flame bedew the holy children, \* and didst burn the sacrifice of a righteous man with water. \* For Thou alone, O Christ, dost do all as Thou willest, \* Thee do we supremely exalt throughout all ages.

Having subdued the passions of the flesh and died to the world, thou didst receive the words of eternal life in thy heart, O blessed one, teaching all who had recourse unto thee to cry aloud: O ye works, praise ye the Lord, and supremely exalt Him throughout all ages!

At the glorification of thy precious relics, O venerable one, the Monastery of Sarov was filled with joy. And all the people cried out unto God Who is wondrous in His saints: O ye works, praise ye the Lord, and supremely exalt Him for ever!

Being filled with the grace of the divine Spirit, O venerable Seraphim, through thy prayers beg forgiveness of sins for the faithful people that keep thy holy memory and cry out: Ye children, bless; ye priests, praise; ye people, and supremely exalt the Lord throughout all ages!

Theotokion: **O** Theotokos, who hast given birth unto the Savior and Master of all, thou hast been shown forth to us as the mediatress of salvation; wherefore, we pray thee: Grant salvation unto all who faithfully hymn thee throughout the ages.

#### Canon II

### Irmos: The King of heaven, \* Who is glorified by the hosts of angels, \* let us praise and supremely exalt throughout all ages.

The most evil enemy, hating thy virtuous life, desired to cause thee to falter, O venerable one. But having put him to shame by the grace of God and the prayers of the Theotokos, thou didst glorify God, singing: O ye works, praise ye the Lord and supremely exalt Him throughout all ages!

As flashing lightning illumineth the firmament, so have the reports of thy wonders gone forth throughout all the world, O venerable one. And marveling at thy glory, we cry out: O ye children, bless; ye priests, praise; ye people, supremely exalt the Lord throughout all ages!

Heal thou our minds which are disquieted by vain and passionate imaginings, O venerable one; quell thou the waves of evil disbelief in our land, and strengthen our hearts, which are crippled by worldly cares, that we may glorify Christ the Creator throughout all ages.

Theotokion: **R**ejoice, O fiery throne of the Lord! Rejoice, O ray of immaterial splendor! Rejoice, thou cloud of the radiant Sun of righteousness, Christ our Savior, Whom we supremely exalt throughout all ages!

#### ODE IX

#### Canon I

Irmos: It is impossible for mankind to see God \* upon Whom the orders of Angels dare not gaze; \* but through thee, O all-pure one, \* did the Word Incarnate become a man \* and with the Heavenly Hosts \* Him we magnify and thee we call blessed.

Accept, and disdain not, our small tribute, offered unto thee from unworthy lips, O venerable one. Sanctify all who glorify thee, and deliver us from misfortunes, dangers and eternal torments, that we may hymn thee throughout the ages.

Manfully enduring the heat of the day and the cold of night in the solitude of the wilderness, thou wast an abode of the Wisdom of God, and didst hasten toward the unwaning radiance. Pray thou that we be saved!

This day is the monastery glorified, wherein thou didst consent to take upon thyself the yoke of Christ; for there didst thou spend thy days in the wilderness; and, enlightening by thy teachings the many who came unto thee, thou didst teach them to be children of the Church of Christ.

Theotokion: Thou art our strength, thou art our boast and joy, our protectress, help, refuge and invincible intercessor. O most pure Theotokos, save thou thy servants!

#### Canon II

### Irmos: Saved by thee, O pure Virgin, \* we truly confess thee to be the Theotokos, \* and with the choirs of bodiless hosts we magnify thee.

Emulating the great fathers who of old shone forth in fasting and ascetic struggle, O venerable one, thou didst spend all the days of thy life in prayer, tears and labor, until thou didst attain unto the heavenly mansions. Wherefore as is meet, we bless thee.

With mighty power did Christ God gird thee about and strengthen thee to overcome the wiles of the demons, O venerable one. Wherefore, we now pray thee: Entreat God, the Lover of mankind, to deliver us all from the assaults and temptations of the enemies, and to save our souls.

In our pain and sorrow we flee to thee, O venerable one, and cry out from the depths of our souls: Be thou a calm haven and ready healer for the sick, and deliver us from every ill and want, that we may unceasingly magnify thee.

Theotokion: **O** most pure Virgin, thou didst give birth unto One of the Holy Trinity, the Son and Word, Whom do thou entreat with the saints and the righteous on behalf of thy servants who with faith ask forgiveness of sins.

#### Exapostilarion of the venerable one: Spec. Mel.: "Hearken, ye women ...":

Come, all ye faithful, let us praise with sacred hymns the venerable Seraphim, wondrous in miracles, the new beacon of the land of Russia, the converser with angels and fervent intercessor before God for those who honor his holy memory!

#### Glory ..., Both now ..., Theotokion:

**O** most pure Theotokos, placing our hope in the after God, we pray: Beseech Him who was born of thee to grant peace and great mercy unto the world!

#### On the Praises: 4 Stichera of the venerable one, in Tone VIII:

The most honored feast of the Monastery of Sarov hath arrived, the memorial of the venerable Seraphim, to whom we now cry out: Rejoice, light and confirmation of fasters, star like unto that of the Magi, showing monks the way to the heavenly mansions, most glorious boast of priests, ever-flowing fountain of love and chastity, most radiant beacon of spiritual discernment! Rejoice, O great model of the virtues! (Twice)

O blessed father Seraphim, thou didst truly follow after Christ, drawing all to thyself by brotherly love and guilelessness, teaching mankind the path of virtue through meekness and humility. Wherefore, we lovingly bless thy memory, O venerable Seraphim.

Thou didst dwell in the wilderness, O venerable one, and, being filled with divine wisdom, thou didst ascend to the summit of virtue. Wherefore, we cry out to thee: Rejoice, adornment of the Church, fair consolation of priests, splendor and boast of monks, O blessed Seraphim! Pray Christ God to grant peace to the world and great mercy to our souls!

#### Glory ..., in Tone VI:

Come, ye assemblies of monks and conference of fasters; come, ye multitudes of Christian people, let us honor the true faster with hymns, crying aloud: Rejoice, thou who didst traverse the narrow path in the steps of Christ the Master, thou ready helper of those who come to thee in tribulations and sorrows, O most wondrous mediator of salvation! Rejoice, thou who wast adorned with the gift of prophecy, foretelling the future as though it were the present! Pray thou, O venerable Seraphim, for those who honor thy holy memory with faith and love.

#### Both now ..., Theotokion, in Tone VI:

**O** Theotokos, thou art the true vine \* that hast budded forth for us the Fruit of life. \* Thee do we entreat: \* Pray thou, O Lady, with the holy apostles, that He have mercy upon our souls.

Great Doxology. Litanies. Dismissal.

#### AT LITURGY

On the Beatitudes, 8 Troparia, four Troparia from ODE III of the first canon, and four Troparia from ODE VI of the second, of the venerable one.

**S**tanding before God with the angels in thy prayer, O venerable one, pray thou for the whole world, that the assaults of the enemy be overcome and that Orthodox Christians be granted victory over their adversaries. (Twice)

From thy youth thou didst cleave with faith and love unto the Master of the hosts on high, O venerable Seraphim; and, shining forth like the sun in the wilderness of Sarov, thou wast a comfort to those who approached thee in sorrow. Pray thou that we be saved!

To those who pray unto thee, thou hast been revealed to be an unshakeable pillar and a refuge for those who have recourse unto the Monastery of Sarov, and abundant grace for those who receive healings.

We are all full of sin, but thy prayers, O venerable Seraphim, ascend unto the Lord like fragrant incense. We now pray thee: Calm thou the raging storm of evil impiety in the land of Russia, and entreat the Lord for the salvation of our souls.

Truly blessed wast thou, O venerable Seraphim, having acquired riches through poverty, and through tears, joy, which thou didst abundantly bestow upon those who came to thee. And now emitting rays of miracles, thou dost heal all who have recourse unto thee in faith.

Having dug with thine own hands a well in the wilderness, O venerable one, thou didst give drink unto the thirsty that came unto thee. And now thou healest the diseases of the sick with the water of this well. Truly, the Master hath shown thee forth unto all as a miraculous intercessor and wonderworker, O venerable one.

Theotokion: We confess thee to be indeed the Mother of God, the true Theotokos, for by thy birthgiving we have been delivered from the curse of corruption, by the tender compassion of God, the Lover of mankind, and have been called to life incorruptible.

#### Troparion of the venerable one, in Tone IV:

From thy youth didst thou love Christ, O blessed one; \* and, aflame with the desire to serve Him alone, \* thou didst struggle in the wilderness in unceasing prayer and labor; \* and with computcion of heart having acquired the love of Christ, \* thou wast shown to be the beloved favorite of the Mother of God. \* Wherefore, we cry unto thee: \*\* Save us by thy prayers, O our venerable father Seraphim.

#### Kontakion of the venerable one, in Tone II:

Having forsaken the beauty of the world and the corruption therein, \* thou didst take up thine abode in the Monastery of Sarov. \* And having lived there as an angel, thou didst become a path for many to salvation. \* Wherefore, Christ hath glorified thee, O father Seraphim, \* enriching thee with the gift of healings and miracles. \*\* Therefore, we cry out to thee: Rejoice, O our venerable father Seraphim!

Prokeimenon, in Tone VII: Precious in the sight of the Lord \* is the death of His saints.

Verse: What shall I render unto the Lord for all that He hath rendered unto me?

#### THE EPISTLE TO THE GALATIANS (5:22-6:2)

**B**rethren: the fruit of the Spirit is love, joy, peace, long-suffering, gentleness, goodness, faith, meekness, temperance: against such there is no law. And they that are Christ's have crucified the flesh with the affections and lusts. If we live in the Spirit, let us also walk in the Spirit. Let us not be desirous of vainglory, provoking one another, envying one another. Brethren, if a man be overtaken in a fault, ye which are spiritual, restore such a one in the spirit of meekness; considering thyself, lest thou also be tempted. Bear ye one another's burdens, and so fulfill the law of Christ.

Alleluia, in Tone VI: Blessed is the man that feareth the Lord; in His commandments shall he greatly delight.

Verse: His seed shall be mighty upon the earth.

#### THE GOSPEL ACCORDING TO ST. LUKE (6:17-23)

At that time, Jesus: came down with them, and stood in the plain, and the company of his disciples, and a great multitude of people out of all Judaea and Jerusalem, and from the sea coast of Tyre and Sidon, which came to hear him, and to be healed of their diseases; And they that were vexed with unclean spirits: and they were healed. And the whole multitude sought to touch him: for there went virtue out of him, and healed them all. And he lifted up his eyes on his disciples, and said, Blessed be ye poor: for yours is the kingdom of God. Blessed are ye that hunger now: for ye shall be filled. Blessed are ye that weep now: for ye shall laugh. Blessed are ye, when men shall hate you, and when they shall separate you from their company, and shall reproach you, and cast out your name as evil, for the Son of man's sake. Rejoice ye in that day, and leap for joy: for, behold, your reward is great in heaven:

Communion Verse: In everlasting remembrance shall the righteous be; he shall not be afraid of evil tidings.