

THE KATAVASIA OF THE CROSS – TONE I

Katavasia I: Moses the servant of God * prefigured Thy Cross in the days of old,
* when he divided the Red Sea with his rod * and led Israel across on dry land;
* and he sang a song of deliverance unto Thee, O Christ our God.

Katavasia III: By Thy Cross, O Christ Master, * set me firmly on the rock of the
faith: * Let not my mind be shaken by the assaults * of the malicious enemy; *
for Thou alone art holy.

Katavasia IV: Seeing Thee, O mighty Lord, upon the Cross, * the sun was
seized with fear and hid its rays, * with dread the whole creation glorified Thy
longsuffering, * and the earth was filled with Thy praise.

Katavasia V: Rising early in the morning * we sing Thy praises, O Savior of the
world, * for we have found peace through Thy Cross. * By it Thou hast renewed
mankind, * and led us to the never-waning light.

Katavasia VI: Jonah in the belly of the whale * foreshadowed with his
outstretched hands * the figure of the Cross; * and he leapt out from the sea-
monster, * saved by Thy power, O Word.

Katavasia VII: The Lord Who delivered the Children from the flames * took
flesh and came upon the earth; * nailed to the Cross, He hath granted us
salvation, * He Who alone is blessed and supremely glorified, * the God of our
fathers.

Katavasia VIII: Daniel, great among the prophets, * was cast into the lions'
den; * but, stretching out his hands in the form of the Cross, * he was delivered
from their mouths and kept unharmed, * blessing Christ our God throughout
the ages.

Katavasia IX: O Virgin Mother and true Theotokos, * who without seed didst
bear Christ our God, * Who wast lifted in the flesh upon the Cross. * We and all
the faithful, as is meet, * magnify thee with thy Son.